#### **PACKAGE LEAFLET: Information for the User**

# APO-go® PEN 10mg/ml Solution for Injection \*

Apomorphine hydrochloride
\* Abbreviated to APO-go Pen in the text

# Read all of this leaflet carefully before you start using this medicine.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, ask your doctor, nurse or pharmacist.
- This medicine has been prescribed for you. Do not give it to others. It may harm them, even if their symptoms are the same as yours.
- If any of the side effects get serious, or if you notice any side effects not listed in this leaflet, please tell your doctor, nurse or pharmacist.

#### In this leaflet:

- 1. What APO-go Pen is and what it is used for
- 2. Before you use APO-go Pen
- 3. How to use APO-go Pen
- 4. Possible side effects
- 5. How to store APO-go Pen
- 6. Further information

# 1. What APO-go Pen is and what it is used for

APO-go Pen contains apomorphine solution for injection. It is injected into the area under the skin (subcutaneously). The active ingredient in APO-go Pen is apomorphine hydrochloride. There is 10mg of apomorphine in each millilitre of solution.

Apomorphine hydrochloride belongs to a group of medicines known as dopamine agonists. APO-go Pen is used to treat Parkinson's disease. Apomorphine helps to reduce the amount of time spent in an "off" or immobile state in people who have been previously treated for Parkinson's disease with levodopa and/or other dopamine agonists. Your doctor or nurse will help you to recognise the signs of when to use your medicine.

Despite the name, apomorphine does not contain morphine.

## 2. Before you use APO-go Pen

Before you use APO-go Pen, your doctor will obtain an ECG (electrocardiogram) and will ask for a list of all other medicines you take. This ECG will be repeated in the first days of your treatment and at any point if your doctor thinks this is needed. He or she will also ask you about other diseases you may have, in particular concerning your heart. Some of the questions and investigations may be repeated at each medical visit. If you experience symptoms which may come from the heart, e.g. palpitations, fainting, or near-fainting, you should report this to your doctor immediately. Also if you experience diarrhoea or start a new medication, this should be reported to your doctor.

# Do not use APO-go Pen:

- if you are under 18 years of age
- if you have breathing difficulties

- if you have dementia or Alzheimer's disease
- if you suffer from a mental illness with symptoms such as hallucinations, delusions, disordered thoughts, loss of contact with reality
- if you have liver problems
- if you have severe dyskinesia (involuntary movements) or severe dystonia (inability to move) despite taking levodopa
- if you are allergic to apomorphine or any of the other ingredients of APO-go Pen (for other ingredients, see section 6)
- if you or someone in your family are known to have an abnormality of electrocardiogram (ECG) called "long QT syndrome". Tell your doctor.

# Take special care with APO-go Pen

Please inform your doctor, nurse or pharmacist:

- if you have kidney problems
- if you have lung problems
- if you have heart problems
- if you have low blood pressure or feel faint or dizzy when you stand
- if you are taking any medicines to treat high blood pressure
- if you feel sick or suffer from being sick
- if your Parkinson's disease causes certain mental problems such as hallucinations and confusion
- if you are elderly or frail.

Tell your doctor if you or your family/carer notices that you are developing urges or cravings to behave in ways that are unusual for you and you cannot resist the impulse, drive or temptation to carry out certain activities that could harm yourself or others. These are called impulse control disorders and can include behaviours such as addictive gambling, excessive eating or spending, an abnormally high sex drive or an increase in sexual thoughts or feelings. Your doctor may need to adjust or stop your dose.

Some patients develop addiction-like symptoms leading to craving for large doses of APO-go Pen and other medicines used to treat Parkinson's disease.

### Check with your doctor or pharmacist before taking your medicine if:

You are using medicines that are known to affect the way your heart beats. This includes medicines used for heart rhythm problems (such as quinidine and amiodarone), for depression (including tricyclic antidepressants such as amitriptyline and imipramine) and for bacterial infections ('macrolide' antibiotics such as erythromycin, azithromycin and clarithromycin) and domperidone.

# Taking other medicines

If you use APO-go Pen with other medicines the effect of those medicines may be altered. This is particularly true for:

- Medicines such as clozapine to treat mental disorders
- Medicines to lower your blood pressure
- Other medicines for Parkinson's disease.

Your doctor will tell you if you need to change the dose of your apomorphine or any of your other medicines.

If you are taking levodopa (another medicine for Parkinson's disease) as well as apomorphine your doctor should check your blood regularly.

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicine, including medicines obtained without a prescription.

# Taking APO-go with food and drink

Food and drink do not affect the way APO-go Pen will work.

# Pregnancy and breast-feeding

APO-go Pen should not be used during pregnancy unless clearly necessary. Check with your doctor or nurse before using APO-go Pen if you are pregnant, think you may be pregnant or you are planning to become pregnant.

It is not known whether APO-go Pen is transferred to breast milk. Talk to your doctor if you are breast-feeding or intend to breast-feed.

Your doctor will explain to you, whether you should continue/discontinue breast-feeding or continue/discontinue taking this medicine

Ask your doctor or pharmacist for advice before taking any medicine.

#### **Driving and using machines**

APO-go Pen can cause drowsiness and a strong desire to sleep. Do not drive or use any tools or machinery if APO-go Pen affects you in this way.

This medicine can affect your ability to drive. Do not drive whilst taking this medicine until you know how this medicine affects you. It may be an offence to drive if your ability to drive safely is affected. There is further information for patients who are intending to drive in Great Britain – go to https://www.gov.uk/drug-driving-law.

# Information about the ingredients of APO-go Pen

APO-go Pen contains sodium bisulphite which rarely can cause a severe allergic reaction with symptoms such as rash or itchy skin, difficulty breathing, puffiness of the eyelids, face or lips, swelling or redness of the tongue.

If you experience these side effects, immediately go to the nearest hospital casualty department.

APO-go Pen contains less than 1 mmol (23mg) of sodium per 10ml, i.e. essentially sodium free.

# 3. How to use APO-go Pen

Before you use APO-go Pen, your doctor will ensure that you tolerate the medicine and an antiemetic medicine that you need to use simultaneously.

Always use APO-go Pen exactly as your doctor has told you. You should check with your doctor, nurse or pharmacist if you are not sure.

Domperidone should be taken at least 2 days before APO-go Pen is started to stop you feeling or being sick.

### Do not use APO-go Pen if:

- The solution has turned green
- The solution is cloudy or you can see particles in it.

### Where to inject APO-go Pen

- Inject APO-go Pen into an area under the skin (subcutaneously) as shown by your doctor or nurse.
- Do not inject APO-go Pen into a vein.

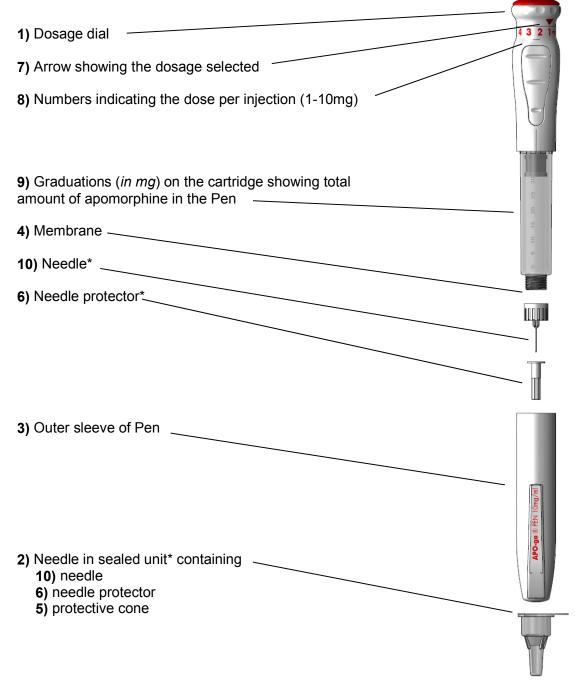
#### How much to use

The amount of APO-go Pen you should use and how often to use it will depend upon your personal needs. Your doctor will discuss this with you and tell you how much of your medicine to use. The amount that will work best for you will have been determined on your visit to the specialist clinic.

- The usual daily dose is between 3mg and 30mg
- You may need as much as 100mg per day
- Typically you will need between 1 and 10 injections per day
- Each single injection should not be more than 10mg.

Before using APO-go Pen, study the diagram below and your Pen to familiarise yourself with your medicine.

#### Instructions for Use

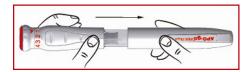


\* This pack does NOT contain needles for use with your Pen.
Use pen needles not more than 12mm (½") in length and not finer than 0.33mm (29 G). Pen needles recommended for use with insulin pens are compatible with APO-go® Pen.

How to use your APO-go Pen Read these instructions carefully IMPORTANT: Do not pull the red capped dosage dial (see 1) before you have set the dosage (see 'Selecting the correct dosage').

Attaching the needle

- (a) Before using APO-go Pen you will need some surgical wipes and one needle in its protective cone (see 2).
- (b) Take the Pen out of its box and remove the outer sleeve (see 3).



(c) Wipe the membrane of the Pen (see 4) with a surgical wipe.



(d) Peel off the paper from the needle cone (see 2).







- (e) It is important to bring the needle to the Pen in a straight line, as shown above. This will attach the needle securely. If the needle is presented at an angle it may cause the Pen to leak.
- (f) Screw the cone (see 2) clockwise onto the membrane until it is tight. This securely attaches the needle.
- (g) Remove the protective cone (**see 5**), but do not throw it away. Do not remove the needle protector (**see 6**) at this stage.



(h) Replace the Pen's outer sleeve (see 3).

# Selecting the correct dose

(i) Press the red capped dosage dial (**see 1**) and whilst holding it down, turn the dial clockwise until the arrow points to the dose your doctor chose for you (**see 7&8**). Release the downward pressure on the red capped dial. The dose is now set and you do not need to redial for subsequent injections.



**Important:** If you pass your prescribed dose while turning the dial, just continue pressing and turning in the same direction until the arrow points to the dose your doctor chose for you. *Never pull and turn the red capped dosage dial at the same time.* 

If your dose is 1mg, start by emptying a 1mg dose onto a paper tissue and discarding it. This is called 'priming' and is important because it ensures you get a full dose the first time you use your Pen. Then, set the dose you require for injection and inject it in the usual way (**see "Injecting"**). If the first dose required is more than 1mg, you do not need to prime the Pen.

# Injecting

(j) Once you have set the dose, gently pull out the red capped dosage dial as far as it will go. Check the red scale on the plunger (**see 9**) and inject only if the line that is just visible matches the intended dose.





- (k) Using a surgical wipe, clean the area of skin where you plan to inject the medicine and around it.
- (I) Remove the Pen's outer sleeve (see 3).
- (m) Remove the needle protector (see 6).



(n) Insert the needle (see 10) into the skin as shown by your doctor.

(o) To inject, press the red capped dosage dial (**see 1**) down as far as it will go, using your thumb if possible. Once the red capped dosage dial is fully depressed, count to three before withdrawing the needle.



(p) Replace the protective cone (**see 5**) onto the used needle and push gently into place. Once secure, turn the needle anti-clockwise to unscrew it.

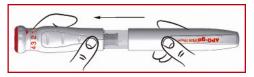
Keep the needle in its protective cone and discard it in a safe place, such as a "Sharps" bin or an empty coffee jar.





# Preparing for the next injection

- (q) Remove the outer sleeve of the Pen and check there is enough apomorphine left in the cartridge for your next injection. If there is, put a new needle in place in the same way as before.
- (r) If there is not enough apomorphine left for another injection, prepare another Pen.
- (s) Finally, replace the outer sleeve of your Pen.



# If you use more APO-go Pen than you should

- Tell your doctor or contact your nearest hospital emergency department immediately
- You may experience a slow heart rate, excessive sickness, excessive sleepiness and/or difficulty breathing. You may also feel faint or dizzy particularly when you stand up, due to low blood pressure. Lying down and raising your feet will help you feel better.

# If you forget to use APO-go Pen

Use it when you next require it. Do not use a double dose to make up for a forgotten dose.

# If you stop using APO-go Pen

Do not stop using APO-go Pen without first talking with your doctor.

If you have any further questions on the use of this medicine, ask your doctor, nurse or pharmacist.

#### 4. Possible side effects

Like all medicines, APO-go Pen can cause side effects, although not everybody gets them.

If you experience an allergic reaction **stop** taking APO-go Pen and contact a doctor or your nearest hospital emergency department **immediately**. The signs of an allergic reaction may include:

- Rash
- Breathing difficulties
- Swelling of the face, lips, throat or tongue.

APO-go Pen may sometimes cause the following:

# Very common side effects (affect more than 1 in 10 people)

- Lumps under the skin at the site of injection which are sore, troublesome and may be red and itchy. In order to avoid getting these lumps, it is advisable to change the site of injection every time you insert the needle.
- Hallucinations (seeing, hearing or feeling things that are not there)

# Common side effects (affect less than 1 in 10 people)

- Feeling sick or being sick, particularly when starting APO-go Pen. If you are taking domperidone and still feel sick, or if you are not taking domperidone and you feel sick, tell your doctor or nurse as soon as possible
- Feeling tired or extremely sleepy
- Confusion or hallucinations
- Yawning
- Feeling dizzy or light-headed when standing up.

#### Uncommon side effects (affect less than 1 in 100 people)

- Increased involuntary movements or increased shakiness during 'on' periods
- Haemolytic anaemia, an abnormal breakdown of red blood cells in the blood vessels or elsewhere in the body. This is an uncommon side effect that can occur in patients also taking levodopa
- Suddenly falling asleep
- Rashes
- Breathing difficulties
- Injection site ulceration
- Reduction in red blood cells which can make the skin pale yellow and cause weakness or breathlessness
- Reduction in blood platelets, which increases the risk of bleeding or bruising.

### Rare side effects (affect less than 1 in 1000 people)

- An allergic reaction
- Eosinophilia, an abnormally high amount of white blood cells in the blood or in body tissues.

# Side effects occuring in an unknown number of users:

- Swelling of the legs, feet or fingers.
- Inability to resist the impulse, drive or temptation to perform an action that could be harmful to you or others, which may include:
  - Strong impulse to gamble excessively despite serious personal or family consequences.

- Altered or increased sexual interest and behaviour of significant concern to you or to others, for example, an increased sexual drive.
- o Uncontrollable excessive shopping or spending.
- Binge eating (eating large amounts of food in a short time period) or compulsive eating (eating more food than normal and more than is needed to satisfy your hunger).
- Fainting
- Aggression, agitation

Tell your doctor if you experience any of these behaviours; she or he will discuss ways of managing or reducing the symptoms.

# Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via:

United Kingdom Yellow Card Scheme

Website: www.mhra.gov.uk/yellowcard

Ireland

HPRA Pharmacovigilance, Earlsfort Terrace

IRL - Dublin 2

Tel: +353 1 6764971, Fax: +353 1 6762517

Website: <a href="www.hpra.ie">www.hpra.ie</a>
e-mail: <a href="medsafety@hpra.ie">medsafety@hpra.ie</a>

Malta

**ADR Reporting** 

Website: www.medicinesauthority.gov.mt/adrportal

By reporting side effects you can help provide more information on the safety of this medicine.

### 5. How to store APO-go Pen

Keep out of the reach and sight of children.

Do not store above 25°C. Keep the container in the outer carton to protect from light. Store at the same conditions after opening and between withdrawals.

Do not use APO-go Pen after the expiry date stated on the label and carton. The expiry date refers to the last day of that month.

When you start using a new APO-go Pen, it can be used for up to 48 hours. Do not re-use your APO-go Pen after this time. Use a new Pen.

To dispose of your Pens safely, always remove the needle from the Pen before discarding it in a "Sharps" bin or other suitable container such as an empty coffee jar.

When your "Sharps" bin or container is full, please give it to your doctor or pharmacist for safe disposal. If the Pen is completely empty you may dispose of it in your household waste. If the Pen contains some apomorphine, please return it to your pharmacist.

# 6. Further information

### What APO-go Pen contains

The active substance is apomorphine hydrochloride. Each millilitre of APO-go Pen contains 10mg of apomorphine hydrochloride. Each APO-go Pen contains 3ml of solution for injection.

Each APO-go Pen also contains:

- Sodium bisulphite (E222)
- Hydrochloric acid (37%)
- Water for Injections.

Refer to 'Section 2: Information about the ingredients of APO-go Pen' regarding sodium bisulphite.

# What APO-go Pen looks like

APO-go Pen is a disposable multiple dose Pen injector system with a clear glass cartridge containing the apomorphine solution for injection. The solution is clear, practically colourless, odourless and free from visible particles.

#### Contents of the pack

Packs contain 1, 5 or 10 pens in a moulded plastic tray in an outer cardboard carton. Not all pack sizes may be marketed.

# **Marketing Authorisation Holder and Manufacturer**

Britannia Pharmaceuticals Ltd. 200 Longwater Avenue, Green Park, Reading Berkshire, RG2 6GP, UK

# Manufacturer(s)

Laboratoire Aguettant 1 Rue Alexander Fleming, Boite Postale 7144 69353 Lyon, Cedex 07, France

OR

STADA Arzneimittel AG Stadastrasse 2-18, 61118 Bad Vilbel, Germany

#### Distributor in UK

Britannia Pharmaceuticals Ltd. 200 Longwater Avenue, Green Park, Reading Berkshire, RG2 6GP, UK

# **Distributor in Ireland**

Clonmel Healthcare Ltd Waterford Road, Clonmel, County Tipperary, Ireland

# This medicinal product is authorised in the Member States of the EEA under the following names:

Austria, Germany: APO-go PEN 10 mg/ml Injektionslösung

Belgium: APO-GO®-PEN 10 mg/ml oplossing voor injectie
Bulgaria: AΠΟ-го® ΠИСАЛКА 10mg/ml Инжекционен разтвор
Cyprus: ΑΡΟ-go Στυλεοφόρος συσκευή 10 mg/ml Ενέσιμο Διάλυμα

Czech Republic: BRITAJECT PEN 10 mg/ml Injekční Roztok

Denmark: APO-go PEN 10 mg/ml injektionsvæske, opløsning

Estonia: APO-go, 10 mg/ml süstelahus pen-süstlis Finland: Apogo PEN 10 mg/ml injektioneste, liuos

Greece: ΑΡΟ-go Στυλεοφόρος συσκευή 10 mg/ml Ενέσιμο Διάλυμα

Hungary: Britaject PEN 10mg/ml oldatos injekció Iceland: APO-go PEN 10 mg/ml stungulyf, lausn Ireland, Malta, UK: APO-go Pen 10mg/ml Solution for Injection APO-go PEN 10 mg/ml šķīdums injekcijām

Lithuania: Britaject 10 mg/ml injekcinis tirpalas

Luxembourg: APO-go® PEN 10 mg/ml Solution Injectable Netherlands: APO-go PEN, Oplossing voor injectie 10mg/ml

Norway: Britaject 10 mg/ml injeksjonsvæske, oppløsning i ferdigfylt penn

Poland: APO-go PEN, 10 mg/ml, roztwór do wstrzykiwań

Portugal: APO-go Pen 10 mg/ml Solução injectável

Romania: APO-go 10 mg/ml soluţie injectabilă în pen multidoză Slovak Republic: APO-go 10 mg/ml injekčný roztok naplnený v pere Slovenia: APO-go 10 mg/ml raztopina za injiciranje v peresniku

Spain: APO-go PEN 10 mg/ml Solución inyectable Sweden: APO-go PEN 10 mg/ml Injektionsvätska, lösning

This leaflet was last revised in October 2016.

If this leaflet is difficult to see or read and you would like it in a different format, please contact Britannia Pharmaceuticals Ltd.